
John Andrews Iridology E-Newsletter No.5

www.johnandrewsiridology.net

September 2009



Introduction

Welcome to the latest full colour downloadable E-Newsletter (No.5, no less). We hope this reaches your iridology practice, research & studies in vibrant health. The IPB competition results will be revealed in the next E-Newsletter No.6 because of this. If you would still like to enter then please download the E-Newsletter No.3 from the News section of the website. We hope you enjoy the content and look forward to seeing or hearing from you at some time throughout the remainder of 2009!

For your information we are currently examining many new areas of interest & research within modern iridology. Some of these projects are ongoing, some are completed and pending publication or presentation and several are fresh exciting theories being put to the test:

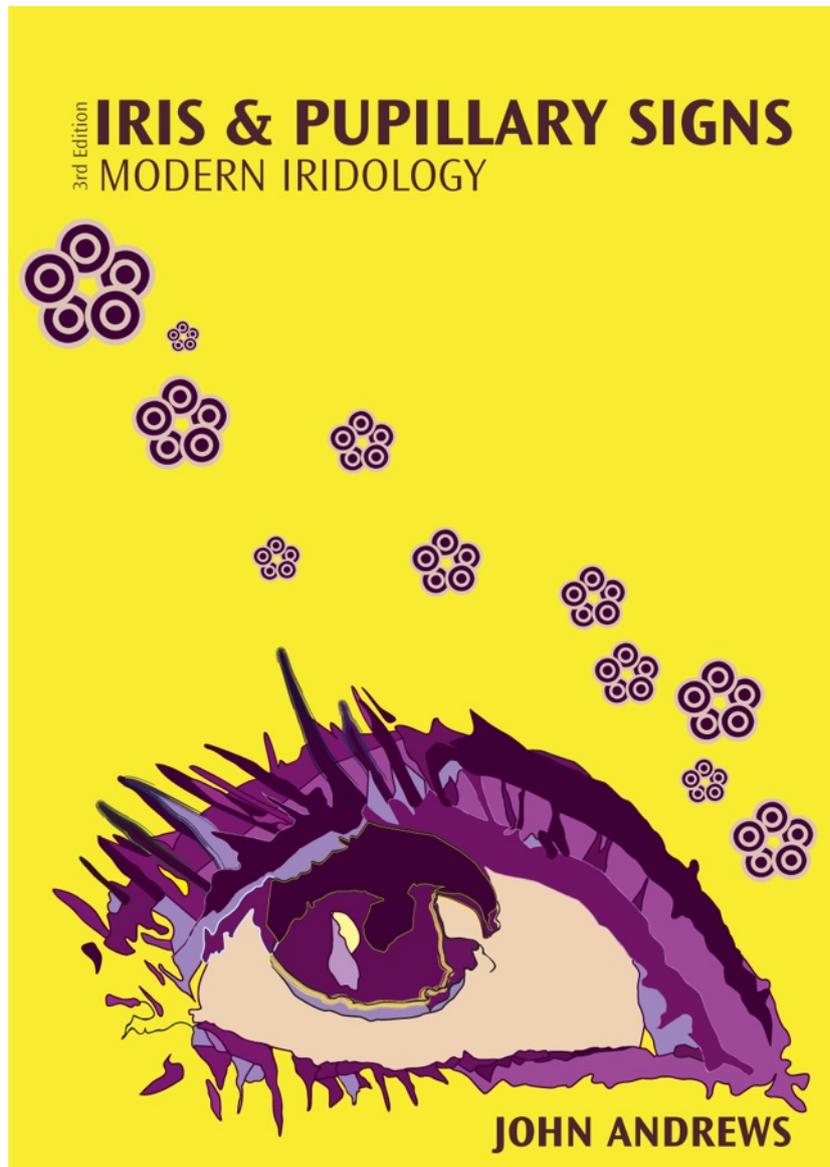
- "M" Sign on the IPB
- Elephants Signs on the IPB
- "S" Sign on the IPB
- Progesterone Ratio Signs for the IPB & Iris
- Neutropenia Tendency Signs in Modern iridology
- New understanding of the The HPA Axis Signs & Modern Iridology
- Frontal Neuroendocrine Tissues & the IPB
- Modern Iridology Iris & IPB Signs associated with Chronic Fatigue Syndrome
- New Iris Topographic Research: Citric Acid Cycle Cellular Disruption Chart
- Longitudinal Iris Developmental Research Study from Birth to age 25
- Potential Osteopenic Risk Factors identified through frontal ocular microscopy
- Further Collarette & IPB Sign Classifications including Linear Collarette, genetic dominance from the collarette structure, U-shaped collarette, adrenal & thyroid signs on the inner pupillary border
- Ongoing New Pupillary Zone Topographical Research (1998-2009) with an emphasis on a fuller understanding of the psychoneuroendocrinoimmunological (PNEI), extracellular matrix (ECM), PAX-6 gene & cellular expression interactions with the hypothalamus, hippocampus and other aspects of the limbic & endocrine systems

The Advanced Iridology Research Journal Volumes 8 & 9 will cover some of these research projects & findings in 2009 & 2010.

The Most Comprehensive Iridology Text

All new 2008 280 page book with accompanying 270 slide Iris Gallery CD is available online - if you are not from the UK take advantage of the current global exchange rates & purchase online from www.johnandrewsiridology.net. Further details on the book are also available from the website.

This book is a must for the modern iridology practitioner, student, researcher and course provider. Suitable for all with extensive readable and applicable information.



Iris & Pupillary Signs, 3rd Edition - Modern Iridology

This new book from John Andrews has been extensively revised up to 280 pages. It comes complete with an Iris Gallery CD featuring over 270 high-resolution colour iris, pupil or IPB images to assist in identification, study & practice. It is critically-acclaimed on the international stage and is affectionately known as “the yellow book” and has become the standard text book for numerous courses around the world, as well as being the practitioners foremost port-of-call for reliable information and clear explanation.

It is an extensive modern iridology text book, with far more material than previous editions, in a user-friendly style and is ideal for the serious student, practitioner, researcher, teacher and/or course provider of iridology.

It is the most complete text on modern iridology practice available in the English language and is a compendium of choice for clinical reference and constant inspiration due to the quantity & quality of information. It has over ten completely new chapters

Chapters include:

The new book has revised, extended or just completely new extensive chapters covering the following: landmarks in the iris, different sections of the iris & pupil, modern iridology abbreviations, iris anatomy, physiology & function, iris colour & general disease tendencies, iridology definitions - a selection, pupil tonus, iris & pupillary oscillations, pupillary dynamics, topolabile & topostabile signs, the differentiation of lacunae, crypts & defects, development & significance of iris pigmentation, contraction furrows in iridology, brushfield's spots, mammilations, transversals, miscellaneous iris signs, integrity of the collarette, the axis in iridology, iris tonus, pupillary size and the influence on the pupil, classical topographical questions in modern iridology, the most important iris, pupillary & inner pupillary border signs, the inner pupillary border & morphologies, constitutional types, dispositions & diathesis, the pure brown iris in modern iridology, modern medical iridology research, conditions that cannot be identified with iridology, iridology contra-indications, dispelling myths and misconceptions in modern iridology, the iridology examination, why iris & pupillary signs?; cornea, conjunctiva & sclera signs, functional medicine in iridology, themes for emotional approaches in iridology, 8 page glossary, resources, bibliography and more.

Content

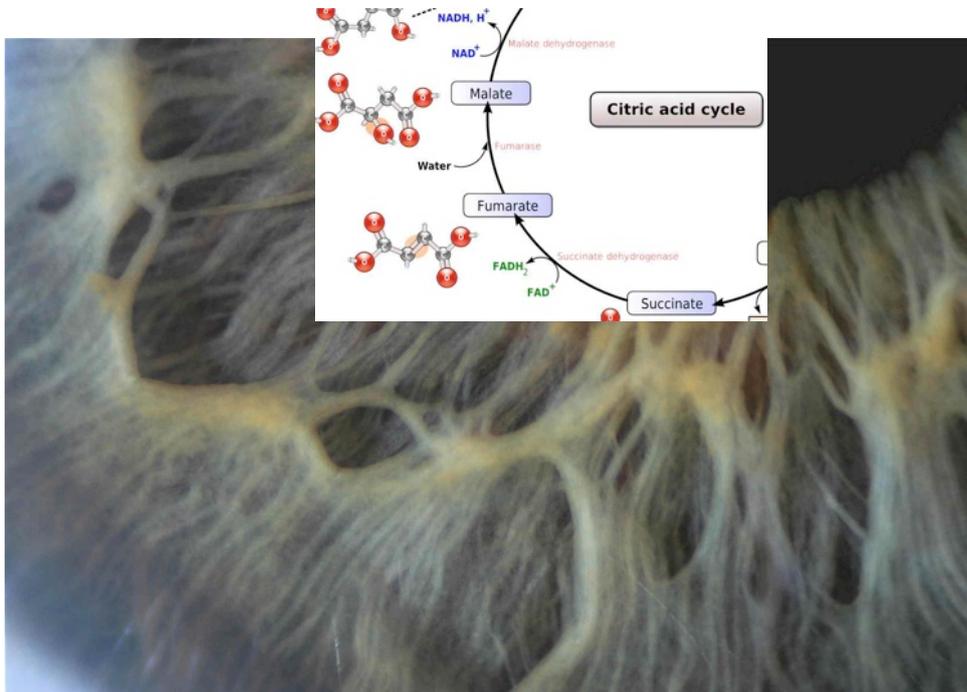
The content of this book is based on the amalgamation of classical & new iridology work. It is based on extensive clinical experience and groundbreaking research, which combine to provide accuracy & clarity within Modern Iridology.

Krebs Cycle Tendencies & Modern Iridology

New forthcoming research in iris analysis by John Andrews

The Krebs Cycle or Citric acid Cycle of the cell is essential for energy production. There are many concrete clinical (physio-emotional) consequences of compromised enzymatic energy pathways of the Krebs cycle which according to new investigations with modern iridology research have helped advance yet simplify the identification of many different conditions from stress to allergies, toxicity through to organ/system hypofunction or neuromuscular pathology tendencies, plus many more. The full biological background and iris markers will all be published and presented at forthcoming events - this is an exciting expansion for iridology.

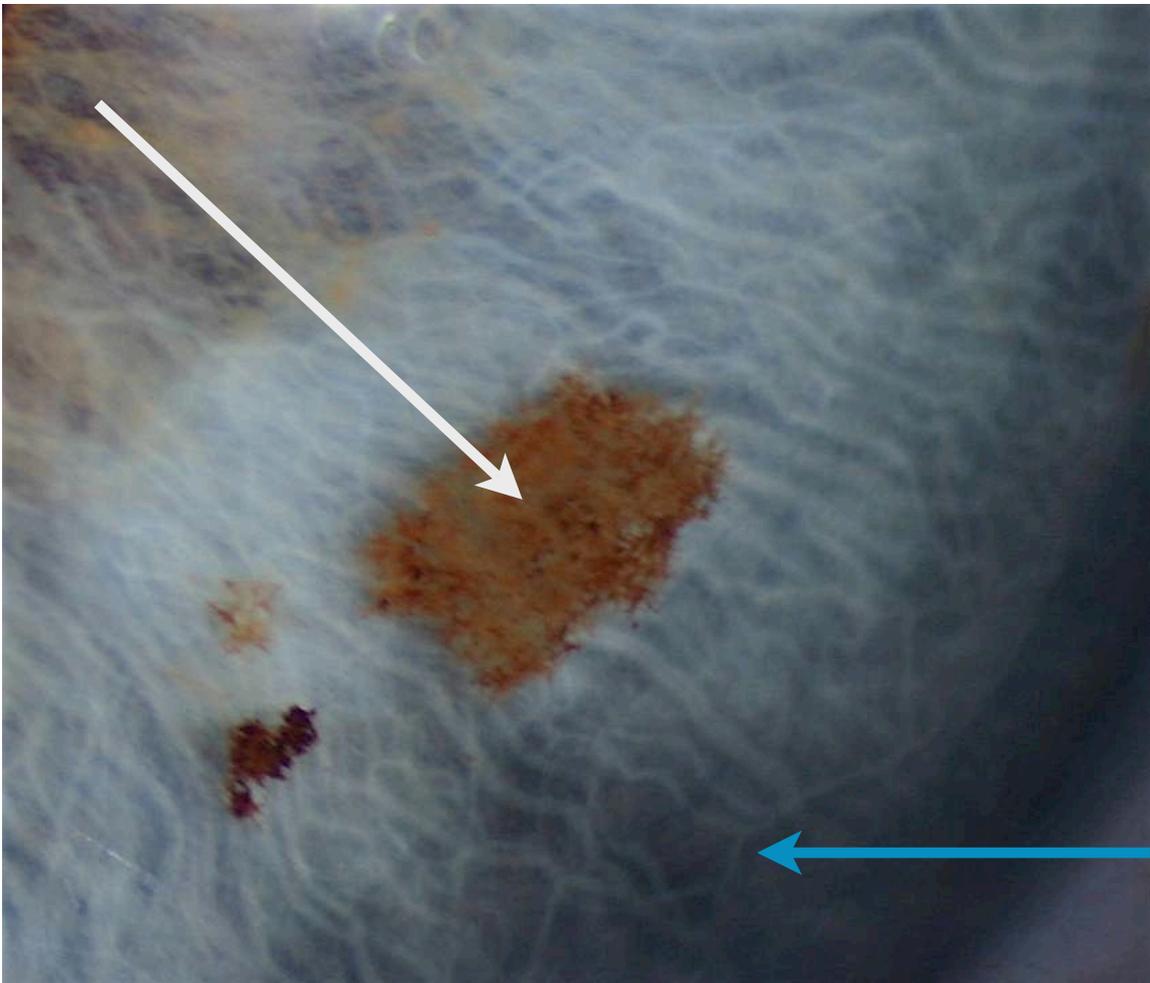
Above & Below: Example of iris correlations to compromise in the cellular citric acid cycle



Iris Co-Signs in Modern Iridology

- A Review

John Andrews



Iris Co-Signs in Modern Iridology

Iris Co-signs are one of the most important iris manifestations the modern iridologist needs to observe for. Sometimes three or four iris signs can occur together, to further enhance the highlighted reflex area. Iris Co-Signs are basically the combination of two or more major iris markings or signs connected in a topographical location of the iris connected for their functionality, for example an orange pigment connected to a pancreas lacuna @ 20' in the right iris (Rx). Another example would be the presence of the hepatic transversal @ 40' in the Rx accompanied with a brown melanin deposit in the same topography. In both cases you are looking at an accumulation for a body evidence pointing to the function or potential for impairment for the blood sugar levels (orange pigment, etc) & the liver (brown pigment, etc) respectively. The presence of co-signs really highlight the therapeutic or preventative priority for the patient.

We can also look at co-signs in a topographical sense - utilising any classical or modern iris chart for any chosen level - for example, we could identify a radial furrow at 20' in the left iris (Lx) linking with a sandy-yellow (soft melanin) pigment highlighting the spleen in the map of classical iridology.

Main Iris Co-Signs

- ★Solitary Pigment Patch on the Collarette
- ★Lacuna/Crypt with Indentation on the Collarette
- ★Pigment or Lacuna with a Transversal
- ★Pigment with a Radial Furrow (Schwalbe's Contraction Fold)
- ★Pigment granulation *within* a lacuna or crypt
- ★Pigment patch of minor dimension adjacent to the pupillary margin & IPB - usually as a marker for inflammation, pain syndrome or injury to specific spinal nerve or innervated organ

Iris Co-Signs Clinical Summary

- Can be both Topolabile & Topostabile - significant for what they are and where they are, both in the classical & modern research approaches. Iris co-signs can be indicative of increased potential for reaction in that precise topographical region or be topolabile and significant for what the signs mean irrespective of topographical location
- Enhanced PNEI dynamic involvement in all conditions, with extra therapeutic attention afforded to balance & clearance of the extracellular matrix (ECM) & improved cellular function, restoration of the citric acid cycle & endocrine balance
- Co-signs can appear in any iris type or iris colour and the co-sign is always a "stand-out" marker for the practitioner to explore further
- Co-Signs can be a combination of lacuna with pigment, lacuna with transversal, pigment with radial furrow, pigment with crypt, transversal with pigment patch or any of the above with a marked indentation of the collarette towards the pupil or a pigment patch of small dimensions adjacent to the inner pupillary border and a manifestation with the tissues there

Co-signs can be connected via their function or by the bodily system, for example the presence of a button hole sign on the inner pupillary border enhances the meaning of hyperacidic (previously uric acid) diathesis in the frontal ciliary iris or the presence of the M sign on the inner pupillary border confirms and amplifies the presence of orange lipochrome pigments or pancreas lacuna in the frontal iris.

The Pure Brown Iris *in Modern Iridology* Instructional CD

VIEW THE BROWN IRIS AS NEVER SEEN BEFORE

Portuguese language version now available - please enquire to order

Think it is difficult to gain information from the brown iris? - Think again!

This 170 slide CD with lavish high-resolution images accompanied with explanatory text has been critically-acclaimed by iridologists across the globe, since its release in June 2008. It has been particularly well received in South Africa, Botswana, Namibia, Australia, USA, Mexico, Spain, Brazil, South Korea & Malaysia.



New Research & Technology Combined

Many have been taught that it is difficult to use iridology with the pure brown iris, that those with the pure brown iris have less information available, well with this new advanced information many more doorways of possibility have been opened and allows us to not only access much more information from the pure brown iris, it demonstrates how easy it is to assess or read the pure brown iris - after all most of the global population have brown irises.

Even though new, advanced information & research has been utilized for this latest Instructional CD from John Andrews the information has been delivered in a very explanatory, cohesive and coherent way in order to facilitate immediate practical application once viewed and absorbed. The Pure Brown Iris in Modern Iridology Instructional CD highlights the very areas of the iris, pupil, cornea and inner pupillary border (IPB) we should be examining and focusing on.

Due to the combination of the latest technology & original research his Instructional CD helps to:

- Inform
- Educate
- Clarify
- Inspire

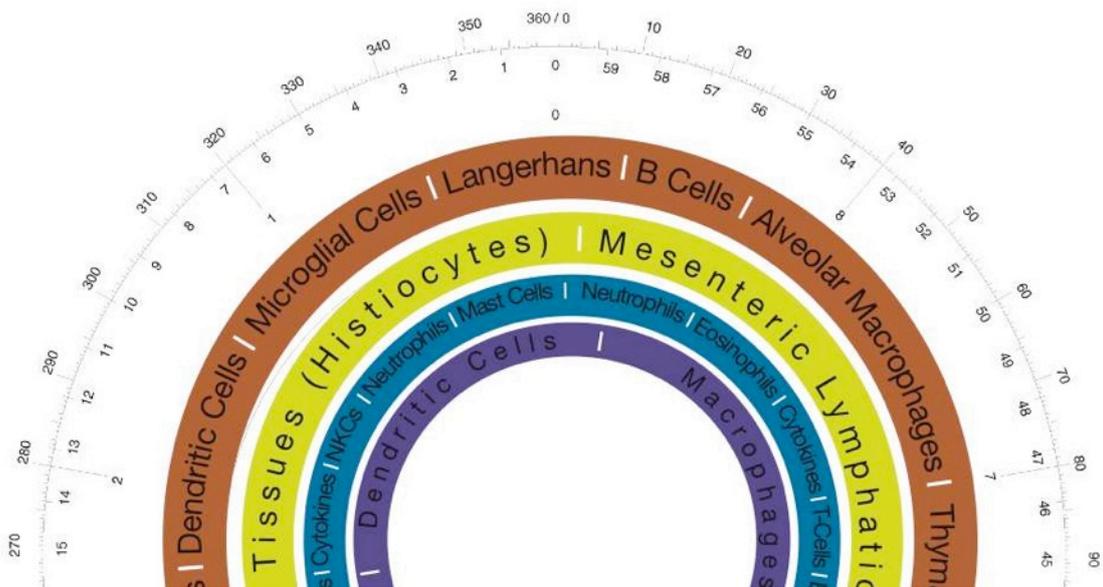
In fact the content of this Instructional CD has been viewed as the "olympic torch of iridology acting as the bedrock to inspire others to do more and expand this entire field, not just for blue-eyed europeans, but he whole planet".

The Pure Brown Iris in Modern Iridology is available now from the website below. Please visit the CD-ROMs section.

Immune Cell Collarete & PNEI Foundation Iris Chart

Instructional CD & Laminated Chart Available Now

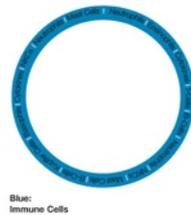
Original Iridology & PNEI Research by John Andrews



Immune Cell Collarette & PNEI Foundation Iris Chart

Original Presentation of Research in Las Vegas, June 2007

The original *Immune Cell, Collarette & Psychoneuroendocrinoimmunology (PNEI) Foundation Chart* research material was first presented and explained in detail by John Andrews at the Advanced Iridology Research Seminar in Las Vegas, USA in June 2007. John's two day seminar was a lavishly illustrated exploration with the latest iris images and collarette research at the time - linking together many different exciting and dynamic facets new to modern iridology, but with a practical foundation for the practitioner, clinician and iridology instructor.



Blue Ring - The Immune Cell Activity, Tendency & PNEI Interactions Examples

The Immune Cell Chart was released at this time and is now used with success by iridologists in over 20 countries around the world - if you were not able to attend the seminar in June 2007 this Instructional CD & Laminated Chart package is your way of accessing much of this original material and is essential for those incorporating immunology, PNEI, PNI, emotional dynamics in iridology, Time Risk (after Lo Rito), iris colourtherapy, colourpuncture, cranio-sacral therapy, flower remedies, homeopathy, homotoxicology, emotional embryology, Heart Math, counseling, art therapy or NLP into their respective practices.

This chart integrates with John's *Emotional Dynamics of the Collarette Chart* that was first presented at the *Embryology & Iridology - New Topographical Research 3 Day Seminar* with Dr Daniele Lo Rito & John Andrews in Italy in May/June 2004. It will also combine with the new embryological topography of the pupillary zone. In addition to this the topographical understanding of the inner pupillary border plus the new Iris & IPB chart incorporating the extracellular matrix, DNA, the Cell & SNPs by John Andrews.

**6th Annual International
Advanced Iridology Research Seminar
at Butler House, Kilkenny, Ireland
with John Andrews**

New Research, Practice & Understanding of Chronic Fatigue Syndrome, inflammation & autoimmunity in Modern Iridology

(full schedule now available for download in the Seminars section of
www.johnandrewsiridology.net)

19th & 20th September 2009 Email jerrygardner@eircom.net



John Andrews Advanced Iridology Seminars 2009-2010

Kilkenny, Ireland 19th & 20th September 2009

Registration: Jerry Gardner jerrygardner@eircom.net

Sao Paulo, Brazil 19th to 22nd November 2009

Registration: AMBI/AMI amiiris@amiiris.com

Optimal Gastrointestinal Function & Modern Iridology

London, UK Friday 22nd January 2010

Registration: www.AllAboutNaturalMedicine.com

Further John Andrews seminars & lectures are to be confirmed and scheduled for 2010/2011 including in London in April, Kilkenny, Ireland, Sweden, Kuwait in June, Cape Town, South Africa, in August, Italy & the USA, plus International Study Week with at the John Andrews Clinic in July 2010.



Each International Advanced Iridology Seminar carries different content

The John Andrews approach in iridology is to aim for the highest standard of clinical accuracy & understanding. This approach helps to combine classical iridology with the arrival of modern technology and physiological knowledge. It is considered an advanced approach, but it is better described as the modern and holistic approach. As what we understand as being “advanced” today; will become the norm of tomorrow. The modern & advanced approach in iridology is a truly integrative approach and encompasses the following field and dynamics:

- 🌀 Immunology
- 🌀 Endocrinology
- 🌀 Embryology
- 🌀 Psychoneuroendocrinoimmunology (PNEI)
- 🌀 Emotional Epigenetics
- 🌀 Biogenetics
- 🌀 Emotional Embryology
- 🌀 Homotoxicology
- 🌀 Functional Medicine
- 🌀 Herbal Medicine
- 🌀 Nutrition
- 🌀 Physiological Regulating Medicine
- 🌀 Emotional Approaches in Iridology

Original Exciting Practical Material

John Andrews will help explain and empower the student or practitioner with practical tools and a clear, confident understanding for dynamic and competent application for all patient groups & demographics. Basically, you will be able to use the exciting information covered the very next week within your practice.

Each seminar will feature truly original research material & findings delivered with clarity and educational, inspirational images of the eye , nature & the body. The most important iris, pupil & IPB signs will be covered in detail for full understanding in relation to iris analysis and also treatment protocols on many levels.

*All participants receive a certificate of attendance & a CD of the presentations - so you will always have an accurate reference source of the material covered.

Modern Herbal Medicine & Iridology Module No.3

Beverley, England, July 2010
with John Andrews

Download the forthcoming book PDF from the News & Publications
sections on the website in February 2010



New AIRJ Volume 7 - Still Available

The new volume of the Advanced Iridology Research Journal is now available on CD via the website - click on the Publications section and then on Journal-AIRJ to order or subscribe.

THE NEXT VOLUME 8 IS DUE OCTOBER 2009

Volume 7 of the Advanced Iridology Research Journal features research abstracts, work, iris photographs & articles from Dr Valery Serdyuk, Urologist & President of the Belarus Iridology Association, on two major pieces of recent modern medical iridology research - one study involved over 64,000 patients; Louis Cruz, Naturopath from USA with New Preliminary Research on Intestinal Polyps in the Brown Iris; Robert Van Der Hope, Australian Naturopath on Colour Perception & Vision in Iridology; Miriam Garber from Israel on new emotional research in Iridology; John Andrews from England; Claus Jahn, Heilpraktiker from Germany on the Spleen in Iridology, contemporary iridology research results from South Korea and much more.



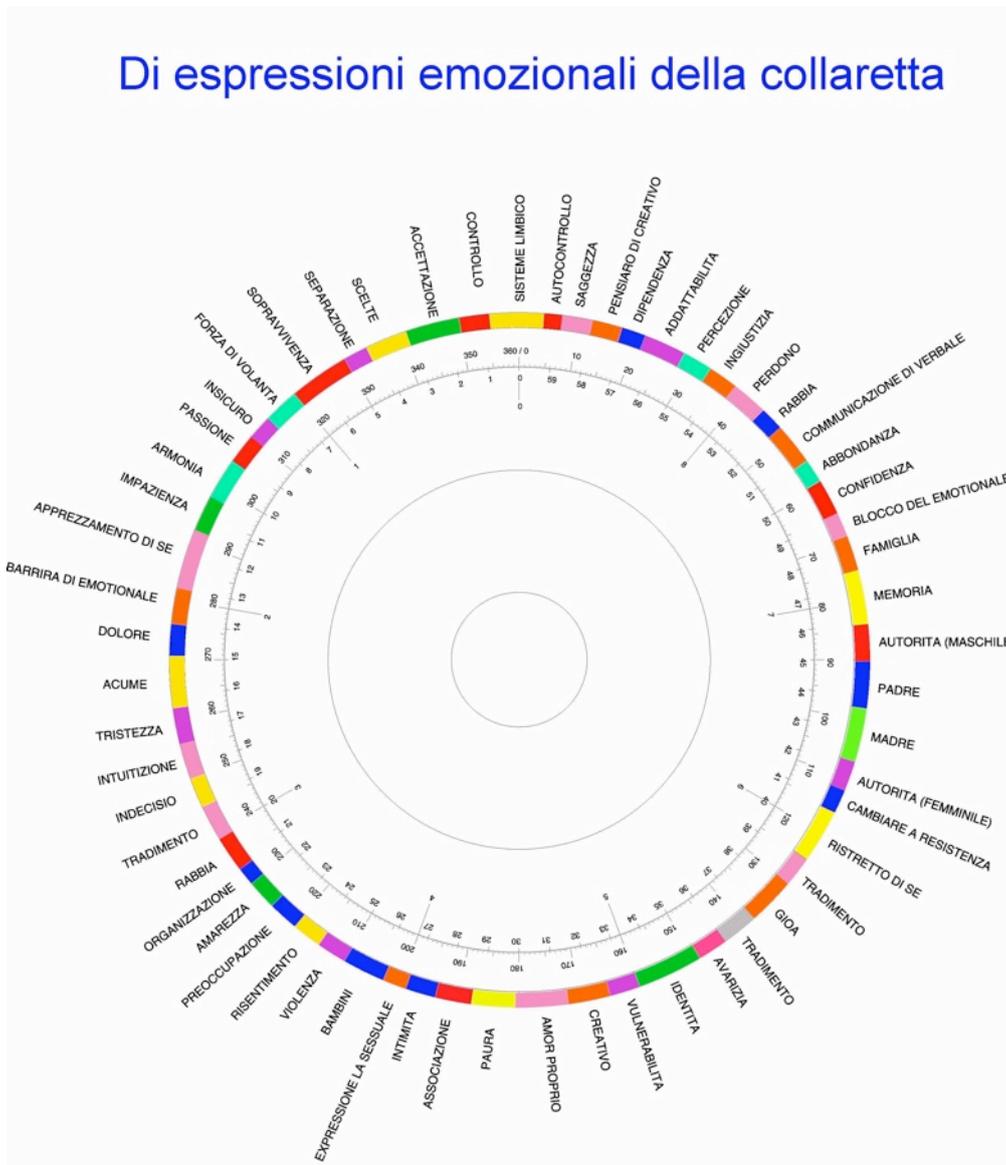
The Advanced Iridology Research Journal was first published in March 2000.

Research in modern iridology practice, training and literature is of vital importance for the good of iridology progress, development for all nations, humanity and all forms of approaches in medicine. Knowledge of the latest research news, abstracts & findings are fundamental to the professional development of all those involved in iridology and related training, practice & tuition. Please support our work by subscribing today online via the Publications pages.

Modern Iridology Research

Sao Paulo, Brazil, 19th to the 22nd November 2009
with John Andrews

Download the Congress PDF from the News page on the website



MODERN IRIDOLOGY NEWS

Comprehensive Books Index

A 40+ page comprehensive cross-referenced books index is now available free of charge as a PDF download (you will need an Adobe reader (Apple or PC) or Preview (Apple) capabilities from the News section of the website as detailed at the foot of this page. The index covers all the material for John's first 4 books such as *Immunology & Iridology* (blue book), *Iris & Pupillary Signs, 2nd Edition* (yellow book), *Emotional Approaches in Iridology* (green book) & *Endocrinology & Iridology* (red book).

John Andrews Books on CD

Due to the global demand for John's titles all of his books have currently sold out - except the new *Iris & Pupillary Signs, 3rd Edition - Modern Iridology*, however, they are now available as normal but in PDF format on CD via the website or at a John Andrews Training Seminar. All of the out-of-print titles will be fully updated with new research, clinical experience and contemporary information for the following:

2012 Iridology Book Project

It is predicted that around the year of 2012 there is going to be an enormous 1600+ page hard back tome

published featuring the life's work of iridology, research & practice from John Andrews to that date and combining colour images for each point, comprehensive therapies, plus all of the content of John's seven books, numerous charts and 26 instructional CDs up to that point. All work will be fully updated on all current books & CDs with the latest research - watch this space - we will keep you informed of this exciting development in iridology and natural health education and practitioner resources.

Discounts on Instructional CDs

Instructional CDs are available via the website & John's seminars - new titles available soon. CDs are in Powerpoint format and are compatible with both Apple Mac & PC Microsoft Office software. The CDs can be bought individually or a complete series - you save money on buying a complete series - a saving of one CD worth £41. Bulk quantities at discount are available to course providers - please email for further details.

New Advanced Iridology Qualification - Adv.Ir Available Online

This is by international popular request. For those attending a certain number of qualifying John Andrews Advanced Iridology Seminars or

similar two levels of examination are available online, as well as clinical assessment at the time of seminars or modules. Please visit the *Training* pages on the website for further information - a register will be published online in 2010 featuring those practitioners qualified with the John Andrews advanced & modern iridology approach.

Modern Iridology Distance Learning Home Study/Online Course

Again by popular request, for international students outside of the UK you gain an enormous amount of information and prepare yourself for iridology practice or enhance your existing qualifications with a Distance Learning Online Home Study Course for modern iridology, which will incorporate and integrate both the classical and future Modern Iridology findings and information. It will be launched in January 2010. We have many exciting ideas with the course, including Instructional CDs, online tutorials, residential training in July 2010 & future Webinars, incorporating the latest *Keynote* and *iChat* technologies.

Brown Iris CD Translations

Work is currently underway to translate much of the John Andrews texts & instructional CDs into other languages such as Spanish, Portu-

guese & Italian. It is hoped the initial fruits of these labors will be available & published during 2009. Many thanks to all the translators involved. Indeed the critically-acclaimed *The Pure Brown Iris in Modern Iridology* CD is now available in the Portuguese language.

Instructional CD Series 2010

The much awaited Series 3 of the John Andrews Iridology Instructional CD Series will be completed and made available in January 2010. This CD series will feature such titles as the *Amazing Role of Prolactin & Modern Iridology*, *Autoimmunity & Modern Iridology* plus *How to Conduct an Iridology Examination*, *The Importance of the Axis in Modern Iridology* & *The Liver in Modern Iridology*. All of the CDs are a combination of explanatory text and lavish high resolution images with the latest therapeutic and clinical guidelines, PNEI dynamics, iridology research and pioneering thinking of the day. Instructional CDs are available via the website & John's seminars - new titles available soon. CDs are in Powerpoint format and are compatible with both Apple Mac & PC Microsoft Office software. The CDs can be bought individually or a complete series - you save money on buying a complete series - a saving of one CD worth £41.

Next Iridology E-Newsletter No.6 due January 2010

...modern iris research to advance
iridology practice for all fields of discipline

